

# St. Jude Memphis Marathon Weekend

Presented by *Juice PLUS+*

## 2011 St. Jude Memphis Marathon Weekend Anticipates Traffic Delays on Morning of December 3

*Mid-South drivers encouraged to plan ahead as more than 16,000 runners and walkers take to the streets of downtown and midtown Memphis for races benefitting St. Jude*

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**MEMPHIS, TENN. (November 29, 2011)** - The sold-out 2011 [St. Jude Memphis Marathon Weekend](#) races will produce heavy runner and walker activity that will affect traffic on the morning of Saturday, December 3. Mid-Southerners should take alternate routes if they must travel the following areas during 6:00 a.m. – 2:30 p.m.:

Times	High Traffic Areas
6:00 a.m. – 7:45 a.m.	Third St. from Linden Ave. to Beale St.
6:00 a.m. – 11:30 a.m.	Fourth St. from Union Ave. to Linden Ave.
7:00 a.m. – 8:00 a.m.	Third St. from Beale St. to Jackson Ave.
7:00 a.m. – 2:30 p.m.	Fourth St. from Union Ave. to north of Monroe Ave.
7:15 a.m. – 8:30 a.m.	Union Ave. from Danny Thomas to Third St.
7:15 a.m. – 8:30 a.m.	Jackson Ave/Lauderdale from Third St. to Poplar Ave.
7:15 a.m. – 12:00 p.m.	Monroe Ave. from Manassas to Fourth St.
7:45 a.m. – 8:35 a.m.	Linden Ave. from Fourth St. to Second St.
8:00 a.m. – 8:45 a.m.	Second St. from Linden Ave. to G. E. Patterson
8:00 a.m. – 9:00 a.m.	G. E. Patterson from Second St. to Front St.
8:00 a.m. – 9:00 a.m.	Front St. from G.E. Patterson to Georgia Ave.
8:00 a.m. – 9:00 a.m.	Georgia Ave. from Front St. to Riverside Dr.
8:00 a.m. – 9:30 a.m.	North bound lanes of Riverside Dr. to Beale St.
8:00 a.m. – 9:45 a.m.	Beale St. from Riverside Dr. to Third St.
8:15 a.m. – 10:30 a.m.	Poplar Ave. from Third St. to Front St.
8:15 a.m. – 10:30 a.m.	Third Street from Beale St. to Poplar Ave.
8:20 a.m. – 10:40 a.m.	Front St. from Poplar Ave. to Auction Ave.
8:25 a.m. – 11:00 a.m.	N. Parkway (east bound) to Overton Park
8:20 a.m. – 10:40 a.m.	Auction Ave. from Front St. to Second St.
8:20 a.m. – 10:40 a.m.	Second St. from Auction Ave. to Shadyac Ave.
8:20 a.m. – 10:40 a.m.	Shadyac Ave. from Second St. to Third St.
8:45 a.m. – 12:00 p.m.	Poplar (east bound) from Tucker St. to Dunlap St.
9:00 a.m. – 12:30 p.m.	Manassas from Poplar Ave. to Union Ave.
9:00 a.m. – 2:00 p.m.	Union Ave. from Manassas to Third St.
9:00 a.m. – 11:30 a.m.	Beale St. from Lauderdale Ave. to Main St.
9:15 a.m. – 11:30 a.m.	Main St. from Beale St. to Linden Ave.
9:15 a.m. – 12:00 p.m.	Linden Ave. from Main St. to Peabody

9:15 a.m. – 12:15 p.m.	Peabody from Somerville St. to Cooper Ave.
9:30 a.m. – 1:00 p.m.	Cooper Ave from Peabody to Young Ave.
9:30 a.m. – 1:00 p.m.	Young Ave. from Cooper Ave. to E. Parkway
9:45 a.m. – 1:00 p.m.	E. Parkway (south bound) from Young Ave. to N. Parkway
9:45 a.m.– 2:00 p.m.	N. Parkway (west bound) to Third St.
10:00 a.m. – 2:30 p.m.	Union Ave. from Danny Thomas to Fourth St.
12:30 p.m. – 1:30 p.m.	Third St. from Monroe Ave to Court St.
1:00 p.m. – 1:45 p.m.	Monroe Ave. from Danny Thomas to Fourth St.
1:00 p.m. – 1:30 p.m.	Court St. from Third St. to Danny Thomas

Be sure to “like” [St. Jude Memphis Marathon](#) on Facebook and follow @StJude on Twitter for the latest updates.

**About the St. Jude Memphis Marathon Weekend**

The 2011 St. Jude Memphis Marathon Weekend is celebrating 10 years of supporting St. Jude Children’s Research Hospital and its fight against childhood cancer. Since 2002, the event has been produced in partnership with the Memphis Runners Track Club and presenting sponsor Juice Plus and now features a Marathon, Half Marathon, the Memphis Grizzlies House 5K and the St. Jude Memphis Family Race and Kids Marathon. Each year, a special group of race participants called St. Jude Heroes raise additional funds for the hospital by obtaining pledges from friends and family. Since its inception, more than \$16 million has been raised through event proceeds and the St. Jude Heroes program. For more information, visit [www.stjudemarathon.org](http://www.stjudemarathon.org).

**About St. Jude Children’s Research Hospital**

St. Jude Children’s Research Hospital is internationally recognized for its pioneering research and treatment of children with cancer and other life-threatening diseases. The hospital’s research has helped push overall survival rates for childhood cancer from less than 20 percent when the institution opened to almost 80 percent today. It is the first and only National Cancer Institute-designated Comprehensive Cancer Center devoted solely to children, and no family ever pays St. Jude for care. For more information, go to [www.stjude.org](http://www.stjude.org) and follow St. Jude on [www.facebook.com/stjude](http://www.facebook.com/stjude) and [www.twitter.com/stjude](http://www.twitter.com/stjude).

**About the presenting sponsor:**

Juice Plus+® is an easy and inexpensive way to add nutrition from a wide variety of fruits, vegetables and grains to your diet, every day. It provides whole food based nutrition from 17 different fruits, vegetables and grains in convenient capsule or chewable form.

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