



Must See Marathon Moment:
Epsilon Sigma Alpha (ESA)

Each December, the St. Jude Memphis Marathon Weekend welcomes a special group of women for race day. It's not a group of hardcore runners who train 3 times a week. This group is very different. They are mostly retired women, many of whom have never trained for an endurance activity.

The ladies of Epsilon Sigma Alpha (ESA), a national civic organization founded in 1929, may resemble the sweet grandmother who lives next door. However, don't judge a book by its cover. Their will to cross the finish line is just as strong as some of the top marathon competitors.

Not only do they train for their endurance race leading up to race weekend, they go a step further by becoming St. Jude Heroes and raising funds for the event's benefiting charity, St. Jude Children's Research Hospital. Last year, ESA members who participated in the St. Jude Memphis Marathon Weekend raised nearly \$46,000. Amazingly, this is only one of many fundraising activities they participate in throughout the year that benefit St. Jude. In fact, ESA has been a supporter of St. Jude for more than 30 years.

ESA has recognized that the joys of living include giving back and they are truly making a difference in the lives of children battling cancer and other deadly diseases. These women are taking on the challenge of training for their particular race while helping the children of St. Jude who are in the race for their lives.

For more information about ESA, contact Tiffany Strange at tiffany.strange@stjude.org.